

PREREQUISITE:

EDUC 220 or EDUC 401/402

DESCRIPTION

The course is designed to introduce students to theories of career choice, adjustment, and development. Emphasis will be placed on established theories that have come to be particularly influential in the development of career education curricula and in the practice of career counselling.

OBJECTIVES

1. To familiarize students with a variety of theories in vocational psychology, with an emphasis on established theories that underlie most career education curricula and career counselling interventions.
2. To encourage critical evaluation of these theories, including an understanding of the need to consider individual and group differences (e.g. developmental status, cultural identification, gender, etc.) when applying the theories.
3. To assist students in applying the theories, to, for example, the understanding of their own and others' career development, the design or evaluation of career education materials, or the understanding of how such theories guide the practice of career counselling.

REQUIREMENTS

Grading will be based on written assignments, class presentations and a final exam.

REQUIRED READING

Patton, W. and McMahon M. Career Development and Systems Theory: A New Relationship. Brooks/Cole Publishing Company. ISBN 0-534-34813-0.

RECOMMENDED READING

Sharf, R.S. (1997). Applying Career Development Theory to Counselling. (2nd ed.). Pacific Grove, CA: Brooks/Cole. ISBN 0-534-34503-4.

Additional Readings will be made available from time to time.